

英文摘要

如何精準解讀 2022 美國糖尿病學會糖尿病治療標準指引

How to Interpret 2022 ADA Diabetes Standards of Medical Care

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Diabetes is a complex, chronic illness requiring continuous medical care with multifactorial risk-reduction strategies beyond glycemic control. Ongoing diabetes self-management education and support are critical to preventing acute complications and reducing the risk of long-term complications. The field of diabetes care is rapidly changing as new research, technology, and treatments that can improve the health and well-being of people with diabetes continue to emerge. With annual updates since 1989, the American Diabetes Association (ADA) has long been a leader in producing guidelines that capture the most current state of the field.

The 2022 standards of care contain, in addition to many minor changes that clarify recommendations or reflect new evidence. In this talk, we will focus more on the section of comprehensive medical evaluation and assessment of comorbidities, pharmacologic approaches to glycemic treatment, diabetes technology, cardiovascular disease and risk management, and chronic kidney disease and risk management. We will review the current evidence of antidiabetic agents in the organ protection including oral or injection form.

中文之題目、作者機關名

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