

CURRICULUM VITAE

PERSONAL

NAME(姓名，含英譯)

陳錫中(Hsi-Chung Chen)



PROFESSIONAL APPOINTMENT (現職，含英譯)

國立臺灣大學醫學院附設醫院精神醫學部暨睡眠疾患中心主治醫師 (Department of Psychiatry & Center of Sleep Disorders, National Taiwan University Attending physician)

國立臺灣大學醫學院臨床副教授 (College of Medicine, National Taiwan University Clinical Associate Professor)

EDUCATION(學歷)

國立陽明大學公共衛生研究所流行病學組博士

國立陽明大學醫學院醫學系

WORKING EXPERIENCE (經歷)

2020/05 迄今 BMC Psychiatry 編輯委員

2019/08 迄今 財團法人人權教育基金會董事

2018 迄今 臺灣睡眠醫學會甄審委員會、教育委員會委員、專科醫師甄試核心委員

2018 迄今 臺灣精神醫學會「出版委員會精神醫學叢書小組」召集人

2006/8 迄今 國立臺灣大學醫學院附設醫院精神部暨睡眠疾患中心主治醫師

MAJOR RESEARCH AREA(研究領域)

心身醫學、精神生理學、照會聯商精神醫學、認知行為治療、睡眠醫學

PUBLICATION(In the nearest 5 years)(發表、出版物)

1. **Chen HC**, Hsu NW, Chou P: The association between sleep duration and hand grip strength in community-dwelling older adults: The Yilan Study, Taiwan. *Sleep* 2017;40:ZSX021.
2. **Chen HC**, Hsu NW, Chou P: The Association Between Extreme Sleep Duration and Cardiac Autonomic Control in Community-Dwelling Older Adults: The Yilan Study, Taiwan. *The journals of gerontology. Series A, Biological sciences and medical sciences* 2017;72:929-936.
3. Tsai DC, **Chen HC**, Chen SJ, Hsu NW, Huang CC, Chen JW, Lin SJ, Chou P, Leu HB: The Association between Clinically Diagnosed Insomnia and Increased Risk of Age-related Macular Degeneration: A Population-based Cohort Study. *Acta Ophthalmologica* 2020;98:e238-e244
4. **Chen HC**, Hsu NW, Chou P: Subgrouping Poor Sleep Quality in Community-Dwelling Older Adults with Latent Class Analysis - The Yilan Study, Taiwan. *Scientific Reports* 2020;10:5432

5. Lai HC, Hsu NE, Chou P, ***Chen HC***: The Associations between Various Sleep-wake Disturbances and Depression in Community-dwelling Older Adults, the Yilan Study, Taiwan. *Aging & Mental Health* 2020;24:717-724 (Corresponding Author)
6. Tang IT, Hsu NW, Chou P, ***Chen HC***: The Association between Various Characteristics of Hypnotics and Cardiac Autonomic Control in Community-dwelling Older Adults: The Yilan Study, Taiwan. *Sleep Medicine* 2020;77:71-82 (Correspondent Author)
7. Tseng TH, ***Chen HC***, Wang LY, Chien MY: Effects of Exercise Training on Sleep Quality and Heart Rate Variability in Middle-Aged and Older Adults with Poor Sleep Quality—A Randomized Controlled Trial. *Journal of Clinical Sleep Medicine* 2020;16:1483-1492
8. ***Chen HC***, Wu CY, Lee MB, Chan CT, Liao SC, Chen CY: Sex-specific Moderation Effect of Age on the Associations between Insomnia and Various Psychological Distresses. *Nature and Science of Sleep* 2021;13:93-102
9. Chen SY, Chen CH, Lo C, Lu ML, Hsu CD, Chiu YH, Chen CH, Lin SK, Huang MC, ***Chen HC***, Kuo PH: Differential Co-occurring Patterns between Depressive Symptomatology and Sleep-Wake-Related Disturbances in Mood Disorders. *Nature and Science of Sleep* 2021;13:503-514 (Corresponding Author)
10. ***Chen HC***, Hsu NW, Pan PJ, Kuo PH, Chien MY, Chou P: The Development of a Rapid Classification Scale for Sleep Quality in Community-Dwelling Older Adults the Yilan Study, Taiwan. *Nature and Science of Sleep* 2021;13:1933-2006.
11. Lin CH, Hsu NW, ***Chen HC***, Chou P: The Concomitant Pattern of Association Between Subjective Global Sleep Quality and Daytime Dysfunction in Hypnotic-Treated Older Adults: The Yilan Study, Taiwan. *Nature and Science of Sleep* 2022;14:567-579 (Corresponding Author)
12. Wang YT, Hsu NW, Lin YH, Chang HT, Chou P, ***Chen HC***: Volunteer Participation Moderates the Association between Insomnia and Poor Subjective Well-Being in Community-Dwelling Older Adults Differentially: the Yilan Study, Taiwan. *BMC Geriatrics* 2022;22:324 (Corresponding Author)
13. **陳錫中**: 找回睡眠力-銀髮族好眠寶典。三民書局，台北2017年1月。(ISBN 978-95-714-6214-1)